

# 2 vs. 2 + 2 Breakout

**Organization:** Divide the players into two equal teams lined up behind the square on either side of the coach. The coach has all the balls.

**Structure:** Two players from each team plus two all-time offense players are in a 20x20 area 25 yards away from the goal with a goalkeeper. The coach starts the play by serving a ball into the area.

**Procedure:** After the coach serves a ball into the square the two teams play 4v2 keep-a-way. After two passes in a row they can play to goal by passing the ball from inside the area to a teammate making a run towards the goal outside the area. The defensive team can chase the players out of the area and try to stop them from scoring.

