

PASSING SERIES AROUND A CONE

- Organization:** Players in pairs with a ball between two.
- Structure:** Players are facing each other six yards apart with a cone in between.
- Procedures:** With two touches the players pass the ball around the cone in the middle.

Options:

1. Inside of both feet.
2. Inside then outside of one foot.
3. Outside then inside of one foot.
4. Role with sole of one foot then pass with inside of other foot.

- Coaching Points:**
1. First touch in front of you so you can step into your pass.

