

## **VERSATILE DRIBBLE**

Players dribble about within a marked field.

Different-colored markers are distributed about the field.

After a free dribbling phase, players add other actions to their dribbling. They dribble freely from cone to cone, executing the appropriate fake at each cone.

1. Orange Cone: Step-over fake.
2. Yellow Cone: Change direction with an outside of the foot chop.
3. White Cone: Shot fake with change of direction.

To finish, all players dribble freely among themselves at top speed for 15 seconds.