

Program Adjustments To WCYSA Programming For Fall 2016

WCYSA field sizes with number of players per team on the field for each age group

Age Group	Ball Size	Field Size	Game Length	Players on field per team	Build Out Line
U6	3	20 yards x 30 yards	(4) 12 minute games	3 a-side with no keepers	Half Line
U7	3	25 yards x 40 yards	(4) 12 minute games	4 a-side with no keepers	Half Line
U8	4	30 yards x 50 yards	(2 equal) 25 minute halves	5 a-side with keepers	Half Line
U9-U10	4	35 yards x 65 yards	(2 equal) 25 minute halves	7a-side with keepers	Half Line
U11-U12, RDP	4	45 yards x 80 yards	(2 equal) 30 minute halves	9 a-side with keepers	30 yards out
U14-HS	5	70 yards x 110 yards	(2 equal) 30 minute halves	11 a-side with keepers	None



Under 11/12 Players and under no heading the ball permitted.

As part of US Soccer Federation 's Concussion Initiative, they have implemented a significant new aspect to the youth game in regards to heading the soccer ball. Beginning this fall, **players under 11 and below are not permitted to deliberately head the ball in the run of play in a game or in practice.** As WCYSA programs have U11 and U12 combined players will not be permitted to deliberately head the ball. If a player violates this rule and deliberately heads the ball during a game, the referees are instructed to whistle the ball dead and award an indirect free kick.

No Punting of the ball for U8-10 Goal Keepers

Another development initiative from US Soccer is that **goal keepers U8 through U10 will not be permitted to punt the ball back into play.** Keepers are to play the ball either with their feet or to throw the ball out to teammates. If a keeper punts the ball, an indirect free kick will be awarded to the opposing team from the spot of the punt. This has come about in part with the new heading rules but also to teach the players to play the ball out and build up the play from the back.